Sandwiches Etc.

CHILI VERDE PORK TACOS

Pork shoulder, slow cooked with Convivium made tomatillo salsa verde. Topped with queso fresco, shredded cabbage, pickled onion and cilantro. 2 for \$8.50; 3 for \$10.25

SOUTHWEST PUMPKIN (VEG) GF) FRITTER





These savory pumpkin fritters are full of sweet corn, bell peppers, onion and cheddar—and flavored with garlic, cumin, chili powder. Served on a bed of greens with avocado crema. \$9.25

CHICKEN PESTO PANINI

Shredded chicken breast mixed with Convivium pesto, topped with sundried tomatoes and grilled. Served on Millwork Bakery Crusty French bread. Half \$6.25; Whole \$9.25

TURKEY, BACON, AVOCADO PANINI

Turkey breast topped with bacon and avocado spread, then grilled. Served on Millwork Bakery Crusty French bread. Half \$6.25; Whole \$9.25

FALAFEL WRAP (V) (GF) w/o the wrap



Falafel is a flavorful mixture of pureed chickpeas, cilantro and onion that is traditionally formed into "meatballs" and deep fried. We make ours into a veggie burger patty that is grilled and topped with tomato, cucumber, lemon tahini sauce and served in a wrap. \$9.25

DAILY SOUP Cup \$3.75 Bowl \$6.50

THE LUNCH MENU IS SERVED TUES - FRI. 11 AM TO 2 PM



URBAN FARMStead







GLUTENFREE VEGAN VEGETARIAN

DINER BURGER

This hamburger is made from fresh ground beef smashed on the griddle, for an authentic diner experience. Add cheese, grilled onion, tomato jam, and other toppings for the full effect. \$8.00

CHICKEN BURGER

Our flavorful ground chicken burger is seasoned with cilantro, onion, mint, and green peppers. Served with our house made tomato jam. \$8.50

DAILY QUICHE

Have a slice of our hearty quiche with a crispy, buttery homemade crust. \$6.25

Salads

Add chicken for \$2

SEASONAL SALAD (VEG)



During our growing season, we have new produce available daily. Our seasonal salad highlights what we are currently harvesting. Half \$6.25; Whole \$9.25

ZA'TAR ROASTED (V **SWEET POTATO**



Za'tar is a Middle Eastern spice mix featuring sumac, which has a bright lemony flavor. We toss sweet potatoes in olive oil, coat with za'tar, roast and then serve over a bed of greens with an orange vinaigrette and pistachios. Half \$6.25; Whole \$9.25

BALSAMIC ROASTED VEGGIE (V) w/o



In-season vegetables roasted with balsamic and olive oil and served over a bed of greens, topped with toasted pecans, goat cheese, and our house maple balsamic dressing. Half \$6.25; Whole \$9.25

Sides & Desserts

FRUIT CUP \$2.25 COLESLAW \$2.00 POTATO CHIPS \$1.50 ROSEMARY GARLIC POTATOES \$2.25 SEASONAL ROASTED VEGGIES \$2.25 DAILY MUFFIN \$3.25 OATMEAL CHOCOLATE BAR \$2.50 CHOCOLATE TRUFFLES \$3 for 2, \$6 for 4